DATE OF ISSUE: 6TH MAY 2014

SPECIFIC PRAYER POINTS:

- Praise God for how easy it has been to settle in.
- Praise God for my host family's willingness to invite me into their home for an extended amount of time.
- Praise God for the funds that have already been donated by friends and family.
- Praise God for the way He has continued to affirm me and show me I am where He wants me to be.
- Pray that I can overcome any challenges or obstacles with God's help and strength.
- Pray I will continue to trust and rely on God.
- Pray that God will continue to comfort and support my mum.



Karibu Kenya!

Karibu Kenya! was something I heard often during the first few days of my arrival. Welcome to Kenya! I was finally here. When I arrived my host family's mum, Loise, and Pastor Titus were waiting to take me to my new home to freshen up and then to the office for some formalities.

Then over the next week it was a whirlwind of meeting people, traveling around in *Matatus* (the public transport system of Kenya), familiarising myself with the place and being completely embraced into the church community without any hesitation. Part of the family.

I've been enjoying getting to know the family I am living with as well and also learning more about Kenyan culture and food. The family has a "house-help" (a nanny), Jacinta. A girl who helps with the house-work and looking after the children. On Monday night we had Ugali and Sukumawiki. Ugali is made from maize flour and is like a rather flavourless cake. It is normally eaten with stew or Sukumawiki. which is cooked kale, onions and garlic. I had a lot of fun helping (or maybe hindering) Jacinta with the cooking that night. I really enjoy learning how to cook traditional Kenyan foods, but I think it might take a while to get some of the techniques right!

In the family there are two young children. Abigail, 9, and Andrew, 4. They have lots of friends in the town-house estate they live in, who all came over for a peek at the Mzungu (white person) who was now living with them!

Last Saturday we visited the family's Shamba (farm) in Nakuru, about 3 hours drive away from Nairobi. The family is growing beans, maize and millet. The crops were only planted a month or so ago, so they're fairly small plants. But I'm looking forward to watching them grow.

At the beginning of the week I had a meeting to talk about when I am going to "officially" start. I have now started my orientation period. This includes completing all formalities regarding copies of documents and attending training sessions. I also have to read two books this month and write up a report on one. Once this time has ended I will be evaluated and a decision will be made for me to either continue or not. Over the next week or so it will also be decided what ministry department and campus I will be placed in. Which will determine where I go to work and also what I'll be spending most of my time doing.

Please keep me in your prayers as I continue to work out my visa situation in terms of which type I will have to apply for and funds for the visa if needed. The options, at the moment, are \$50, \$1500 or \$2500. It's still a bit complicated, so keep me in your prayers.

I am excited about what the next few weeks will bring as I continue to settle in and adapt, particularly in my role as an intern.

Last week as I hung around the office meeting people and

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watching people work I got a real sense of the environment I will be a part of for the next year. I will be part of the staff group that look after the ministries, pastoral duties, accounts and logistics of a church 400 people strong.

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I'm also looking forward to what God will teach me over this year. What skills I will learn and/or work on, the challenges that will grow me and how relying in God's provision through the Christian community will strengthen my trust in Him.

Thanks for taking the time to read through the newsletter. There are also prayers on the left-side. Asante sana!

Rhiannon Barrett



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Rhiannon Barrett grew up in Parramatta before moving to the South Coast town of Nowra for work. She has spent the past 2 and a bit years working with Anglican Youthworks as an Outdoor Ministry Leader.

Part of her job was leading on camps and taking students to do activities such as abseiling, archery, canoeing and more. The best part was getting to tell these students about God and who he was in her life!

Rhiannon went to Kenya for the first time in January 2014. She fell in love with the country and it's people and knew that God would lead her back again. She'll be spending 12 months in Embakasi, Nairobi.

For more information, or if you have any questions, feel free to contact Rhiannon by email.

How you can help.

God has been incredibly gracious in providing me with many different things. I have no great need. I have food. I have clothes. And most importantly, I have salvation.

One thing that I'm already so grateful for is the general response I've received since sharing my news. My church, my family and my friends have been so supportive of this next season of my life.

I already gain comfort from the knowledge that people are praying for me. That people care about me. And that people are willing to financially support me.

One way that you can help is through continued prayer. Committing to praying for me on a regular basis. If this is something you'd like to do, then there are specific prayer points on the front cover and throughout this newsletter.

Another way is through supporting me on a monthly basis. Even just a few dollars a month will be wonderful. The internship that I will be participating is self-funded. I must, in a



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way, support myself. So I rely on God's grace and the love and care of my church, family and friends. Once off donations are also much appreciated. I understand that a regular commitment can be hard, depending on your own circumstances.

All financial support will go through the organization of Kenya-Help, in order to keep things accountable and simple.

Bank account details are at the bottom of this page. Thank you!

Romans 12:4-5. "Just as each of us has one body with many members, and these members do not all have the same function, so in Christ we who are many form one body, and each member belongs to all the others."